

GIVE GIRLS RUGBY A TRY DAY

Saturday 28th September
10.00-12.00



TRY RUGBY AT HARLOW AND FIND YOUR #INNERWARRIOR



All Ages and
Abilities
Welcome

TRAINING

Wednesday 19.00 - 20.30

- Under 13's
- Under 15's
- Under 18's

RFU trained coaches



BENEFITS

- Teamwork, Friendship & sportsmanship
- Confidence Building
- Fitness & Wellbeing
- Equality and Sport for All
- Excellent facilities including
 - Pitches
 - Changing facilities
 - Club House
 - RFU membership

Harlow Rugby Club, Latton Park, Howard Way, Harlow, CM20 3FD
For further information please email: girls@harlowrugby.club