9am - 10.30am
SATURDAY 29TH MAY

To register your interest or for more information please email

MIXEDABILITY@HARLOWRUGBY.CLUB

TEAMWORK - In partnership with the RFU Family Fund and IMAS, Harlow RUFC are proud to deliver Family Fund rugby. Family Fund is an initiative for families to be able to play together and get active through the great game that is rugby. Creating a family network not just within the home but also out on the field.

RESPECT - A core fundamental of the RFU's core principles all players learn to respect each other on and off the field.

ENJOYMENT - Encouraged through Tag and Touch rugby, no player is left out. Mixed ability gives the chances to Mum's, Dad's, Brothers and Sisters to aid the players and grow their confidence through having fun.

DISCIPLINE - Through our structured sessions run by our qualified coaches, all players will learn and be disciplined in the core rugby fundamentals of passing, catching and going forward. These sessions will also aim to give the players the structure they need in daily life by following rules and code of conduct.

SPORTMANSHIP - Our players learn to play with passion but most importantly learn to RESPECT each other. They will belong to a club that does not discriminate and will become part of the Harlow RUFC family.

Latton Park, Howard Way,
Harlow, Essex CM20 3FD

INTERNATIONAL MIXED ABILITY SPORTS

RFU
Accredited Club